

COUNTRY HILLS DISCIPLING HUDDLES

The Way of Jesus

Jesus called his first disciples to come and follow Him. He is still calling us to follow Him, to help each other follow Him, and to invite others to follow Him too. The Way of Jesus is all about following Jesus: living like Jesus, for Jesus and in the power of the Spirit of Jesus. As we follow Jesus, and as He lives in and through us by His Spirit, we will lead lives that glorify God and make disciples.

I find my PURPOSE and IDENTITY, my very life in the life of JESUS. My eyes are fixed on Him. I live out that Purpose and Identity in following Him – imitating Him and growing to be like Him. His gives me His very life by His Spirit, I have the Power to grow and learn to be like Him. 'Like Jesus, For Jesus and in the Power of the Spirit of Jesus.'

We use "The Way of Jesus" as a framework to follow Jesus, and as a platform for lifelong spiritual growth. The way of Jesus is 7 guiding statements that show us how to follow Jesus. In helping each other live them we accomplish our mission of being "people helping people follow Jesus."

HIS LIFE - I have begun following Jesus, and am **depending on the Spirit of Jesus** in my journey.

HIS MISSION - I am **being sent** by Jesus to bless others and invite them to follow Him too.

HIS CHARACTER - I am learning to be like Jesus in my **attitudes, behaviours, character**.

HIS LOVE - I am learning to **love God and love others**.

HIS TEACHINGS - I am learning the **teachings** of Jesus.

HIS DISCIPLERS - I am **helping someone** and someone is **helping me** to be a growing follower of Jesus.

HIS COMMUNITY - I am participating in a community of followers of Jesus **on mission** to the world.

Practices of the Way of Jesus

If the way of Jesus is the framework, then the practices of the way of Jesus are the rest of the house – the visible things you interact with a use every day. Incorporating these practices into your daily life will help you follow Jesus more intentionally, help you and others experience abundant life in Christ, and help you to plant seeds for the Kingdom of God.

Spiritual Health – consistent and deep prayer life including listening prayer, a life of worship and thanksgiving, regular quiet times with God to read the bible and pray every day, intimate and Spirit led relationship with God at all times, walking in freedom from sin through confession and repentance, and living a life in full surrender and submission to Jesus as our functional Lord

Multiplication – taking opportunities to bless others to soften their hearts towards Jesus, planting seeds of the good news of Jesus whenever possible, inviting others to follow Jesus, discipling others and being discipled

Community – active involvement in a church community by participating in the mission of the local church

Sabbath – Learn a rhythm of rest and work (daily, weekly and annually, taking one day per week to rest and shift your focus to restoration, relationships, and God)

Generosity – being a good steward of my money, time, and energy and sharing those with others generously

Service - serving in at least one regular way in the church, or your neighbourhood (city), or the world

Marriage & Family – having Jesus centred marriages and teaching our children in the home about how to follow Jesus

Guidelines for a Discipling Huddle

A discipling huddle should be no more than 4 people who gather on a weekly or biweekly basis at a time of their choosing to help each other follow Jesus. These guidelines will help create the atmosphere for accountability, growth, challenge, and change.

1. Confidentiality: What is said in the Huddle stays in the Huddle. Share outside only what you have permission to share more generally.
2. Respect: Give time to everyone. No one should monopolize the group time. Everyone should be encouraged to share but not forced.
3. Boundaries: Not everything should be shared in the Huddle. You may need to share something but it may be better in another setting (ex. with a counselor or pastor).
4. Facilitator: The Huddle leader is a facilitator and does not dominate the discussion. The facilitator will want to assure that the first three (3) guidelines are actively observed. Enjoy your time.

What to do when you meet?

You can spend your time as you choose and as the Holy Spirit leads. Be sure to set aside your plans if there is a specific need that arises from someone in the group or there is something that needs extra time or prayer.

1. Share (choose some accountability questions)
2. Read, study, or discuss – 1 statement from the Way of Jesus, 1 question, 1 issue, 1 passage etc.
3. Pray together and for one another (speaking and listening)

Huddle Questions

1. What practices of the Way of Jesus are you actively developing? What is a struggle?
2. What statements of the Way of Jesus are you doing well in? Where are you struggling?
3. What is God speaking to you? What are you doing about it?
4. What opportunities has God given to share your faith with the people you are praying for? What is He leading you to next with them?
5. How have you included God in the way you have spent your time, energy, and money lately? How have you included God in how you've related to others?
6. How is your area of struggle going? Is there anything you need to confess/repent of or anything we can pray for to strengthen you?
7. Have you just lied to me, or stretched the truth to make it sound better?

Helpful Scriptures for Study

1 John 2:6, 1 John 3:2, John 8:31-32, John 10: 11-18, 1 John 3:16, Rom. 5:6-8, Luke 9:23-26, 1 Cor. 1:18, 1 John 3:16, 2 Cor. 5:17, Gal. 2:20-21, Heb. 12:2-3, John 3:3, 5-8, 16; Gen. 1: 27-28, John 16:12-15, 2 Tim. 1:7, Gal. 4:6-7, John 16:12-16, John 14-15, Rom. 6-8, 2 Pet. 1:3-9, Gal. 5:22-26, Prov. 3:3, 1 John 4: 7-21, John 12:23-25, Luke 14:27, Luke 9:23-25, Phil. 3:10-11